

## 3rd Sunday of Lent

**First Reading:** Exodus 3:1-8a, 13-15  
**Responsorial Psalm:** Psalm 103:1-2,3-4,6-7,8,11  
**Second Reading:** 1 Corinthians 10:1-6, 10-12  
**Gospel:** Luke 13:1-9

Full readings from USCCB [HERE](#)

### 1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? No worries you can find the Gospel reading by clicking [HERE](#). (Bishop O'Connell's Gospel Reflection page.)

As an alternative to reading the Gospel, you can watch a short video with the proclamation for adults by clicking [HERE](#). (YouTube, WOG 1:20min)

Children can also watch a video proclamation of the Gospel by clicking [HERE](#). (YouTube, Gospel Reading for Kids 2:39min)

### 2. PRAY

Gather the family around a prayer space. In the first reading God revealed to Moses that he was on holy ground. Remind yourself that you too are on holy ground. Remove your own shoes, just like Moses did. Close your eyes and ask God to help you feel the holiness of the ground beneath your feet. Take your time, allowing God's spirit to fill your entire being with His love, light, and grace.

Mindful that the Lord is kind and merciful, tell Him about your deepest needs and desires. Ask God what it is He desires for you and listen for His response. When you are ready, express your gratitude to God for all that he has done for you.

### 3. TALK

In today's Gospel we hear the parable of the fig tree. Gather your family or a friend to share on Jesus' message today. We see the gardener desiring to cultivate the tree to bear fruit. Sometimes in our lives we are bearing good fruit and other times we stop bearing fruit because something in our lives needs to be tended to. Reflect on the following questions:

- In what part of your life have you stopped bearing fruit? What do you attribute this to?
- What do you think Jesus desires in this part of your life?
- What can you do to allow Jesus to cultivate the soil of your life so you can bear good fruit?

This Sunday those who are preparing for baptism at the Easter Vigil are reflecting upon the way they are thirsting for God. Take time to pray that Jesus will quench their thirst in the waters of baptism. May the grounds of their lives be cultivated so that the waters will help them bear good fruit.

