

14th Sunday in Ordinary Time
July 7th, 2024

FATH @ HOME

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First Reading: Ezekiel 2: 2-5
Responsorial Psalm: Psalm: 123: 1-2, 2,3-4
Second Reading: 2Corinthians 12: 7-10
Gospel: Mark 6: 1-6

[Full Readings can be found here!](#)

1. HEAR

Grab your bible and look up the reading. Don't have one? No worries you can find the text [HERE](#)

Watch a video of the Proclamation of Gospel [HERE](#)

Watch a children's video of the proclamation of the Gospel [HERE](#)



2. PRAY

Humility is vital for God's plans. Jesus knew his hometown saw him only as a carpenter's son, hindering their understanding of his divine purpose. God picks those with humble hearts for His work. Let's prepare our hearts accordingly. You can also [watch or listen](#) to this video to pray with another.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @OREinADLA on social media.

O Jesus, meek and humble of heart, Hear me.
From the desire of being esteemed, Deliver me, O Jesus.
From the desire of being loved, Deliver me, O Jesus.
From the desire of being extolled, Deliver me, O Jesus.
From the desire of being honored, Deliver me, O Jesus.
From the desire of being praised, Deliver me, O Jesus.
From the desire of being preferred to others, Deliver me, O Jesus.

From the desire of being consulted, Deliver me, O Jesus.
From the desire of being approved, Deliver me, O Jesus.
From the fear of being humiliated, Deliver me, O Jesus.
From the fear of being despised, Deliver me, O Jesus.
From the fear of suffering rebukes, Deliver me, O Jesus.
From the fear of being calumniated, Deliver me, O Jesus.
From the fear of being forgotten, Deliver me, O Jesus.
From the fear of being ridiculed, Deliver me, O Jesus.
From the fear of being wronged, Deliver me, O Jesus.
From the fear of being suspected, Deliver me, O Jesus.
That others may be loved more than I, Jesus, grant me the grace to desire it.
That others may be esteemed more than I, Jesus, grant me the grace to desire it.
That, in the opinion of the world, others may increase and I may decrease, Jesus, grant me the grace to desire it.
That others may be chosen and I set aside, Jesus, grant me the grace to desire it.

3. TALK

The Holy Spirit empowers us, and each of us has unique gifts to fulfill God's work. Jesus emphasized the importance of God's timing and purpose. **Share a moment when you have felt God's work through your gifts.** Though it may feel uncomfortable, when we glorify God, it's the Holy Spirit working through us.

In our faith community, supporting each other's growth and acknowledging our God-given gifts is important. **Take a moment to affirm the person in front of you.** Not to boast, but to reflect God's glory together.



Archdiocese of Los Angeles

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